

FACULTY OF PHYSICAL EDUCATION AND SPORT

Domeniul de licență	Ciclul de studii (L / M)	Denumirea programului de studii	Anul de studii (I, II, III)	Semestrul (1, 2, 3, 4, 5, 6, 7, 8)	Denumirea disciplinei	Numărul de credite
Physical Education and Sport	L		I	1	Theory and methodology of physical education and sport	6
			I	1	Gymnastics	6
			I	1	Fundamentals of athletics	6
			I	1	Anatomy and bio - mechanics	4
			I	1	Foreign language	2
			I	1	Kinesiology	4
			I	1	Practical applications of winter sports in the mountain (alpine skiing, country skiing, skating, sledge, snowboard)	2
			I	2	Practice and methodology of motive activities according to age groups	6
			I	2	Internship in mountain tourism	2
			I	2	Scientific essentials of volleyball	6
			I	2	Scientific essential of football	6
			I	2	Physiology	4
			I	2	Theory and practice of swimming	6
			II	3	Physiology	6
	II	3	Essentials of theory and methodology of volleyball	6		
	II	3	Essentials of theory and methodology of handball	6		
Physical Education	L		II	3	Specific methods of teaching motive activities according to age groups	5
			II	3	Essentials of theory and methodology of basketball	7

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and Sport			II	4	Foreign language	2	
			II	4	Teaching adaptive sport	5	
			II	4	Essentials of theory and methodology of tennis	6	
			II	4	Essentials of theory and methodology of swimming	6	
			II	4	Loisir activities	5	
			II	4	Practical training in swimming and rowing	2	
			II	4	Management, marketing and legislation in physical education and sport	Opțional (1 of 4)	4
			II	4	Methodology of physical activities		4
			II	4	Strategies of training the school team		4
			II	4	Olympism		4
			III	5	Sociology	4	
			III	5	Techniques and tactics in wrestling	6	
			III	5	Practical training in sports initiation environments	2	
			III	5	Table tennis	5	
			III	5	CAD training	5	
			III	5	Specialization in a certain sport (football, handball, volleyball, etc)	8	

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			III	6	School psycho-pedagogy	4
			III	6	Recovery in sport activity	5
			III	6	Essentials of sports training	6
			III	6	Movement and functional evaluation	6
			III	6	Aerobic gymnastics	3
			III	6	Streetball	3
			III	6	Equipment, devices and facilities of sport grounds	3
Kinesis Therapy	L		I	1	Theory and methodology of physical education and sport	6
			I	1	Gymnastics	6
			I	1	Fundamentals on athletics	6
			I	1	Anatomy and bio-mechanics	4
			I	1	Foreign language	2
			I	1	Kinesiology	4
			I	1	Practical applications of winter sports in the mountain (alpine skiing, country skiing, skating, sledge, snowboard)	2
			I	2	Practice and methodology of motive activities according to age groups	6
			I	2	Intership in mountain tourism	2
			I	2	Scientific essentials of volleyball	6
			I	2	Scientific essentials of football	6

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			I	2	Physiology	4	
			I	2	Theory and practice of swimming	6	
			II	3	Physiology	6	
			II	3	Essentials of theory and methodology of volleyball	6	
			II	3	Essentials of theory and methodology of handball	6	
			II	3	Specific methods of teaching motive activities according to age groups	5	
			II	3	Essentials of theory and methodology of basketball	7	
			II	4	Semiology	5	
Kinesis Therapy			II	4	Movement and functional evaluation	4	
			II	4	Techniques and methods in kinesis therapy	5	
			II	4	Kinetoprofilaxy	5	
			II	4	Massage and additional techniques	4	
			II	4	Bazele generale ale fiziopatologiei	Opțional (1 of 3)	3
			II	4	Kinesis therapy in sports injuries and diseases		3
			II	4	Kinesis therapy for geriatrics		3
			II	4	Foreign language	2	
			II	4	Practical training	2	
			III	5	Sociology	4	
	III	5	Kinesis therapy applied to obstetrics-gynecological diseases	5			

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Kinesis Therapy	L		III	5	Kinesis therapy in diseases of nutrition and metabolism	5	
			III	5	Kinesis therapy in orthopaedics and traumatology	5	
			III	5	Spa and physio therapy	5	
			III	5	Practical training II	2	
			III	5	Physiotherapy recovery in orthotic prosthetic	Opțional (1 of 3)	4
			III	5	Psycho-socio-physiotherapy at home		4
			III	5	Kinesis therapy in sports injuries		4
			III	6	Psycho-pedagogy	4	
			III	6	Kinesis therapy applied to neurological disturbances	4	
			III	6	Kinesis therapy in reumatology	4	
			III	6	Kinesis therapy applied to locomotive system diseases	4	
			III	6	Practical training II	3	
			III	6	Hygiene and the medical first aid	Opționale (1 of 4)	4
			III	6	Occupational therapy		4
			III	6	Kinetoterapie în afecțiuni chirurgicale		4
			III	6	Kinesis therapy applied to cardio-vascular and respiratory diseases		4

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			III	6	Kinesis therapy applied to cardio-vascular diseases	4	
			III	6	Swimming therapy	3	
Educational Sciences	L		I	1	Essentials of pedagogy	5	
			I	1	Essential of psychology	5	
			I	1	Information and comunication technologies	4	
			I	1	Romanian language	5	
			I	1	Romanian literature and children's literature	5	
			I	1	Pedagogical practical training in preschool and primarz school	2	
			I	1	Sociologiz of education	Opționale (1 of 3)	2
			I	1	Assistance and protection of children		2
			I	1	Educational counseling		2
			I	1	Foreign (English / French) language, culture and civilisation	2	
			I	2	Curriculum theory and methodology	5	
			I	2	Romanian literature and children's literature	4	
			I	2	Pedagogy of preschool and primary school	4	
	I	2	Psychology of ages	4			
	I	2	Mathematics for preschool and primary school	5			

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Educational Sciences	L		I	2	Pedagogical practical training in preschool and primarz school	2	
			I	2	Educational communication	Opțional (1 of 3)	2
			I	2	Education for change		2
		L		I	2	Contemporary education issues – public course	2
			I	2	Dynamics of current Romanian language	Opțional (1 of 3)	2
			I	2	Normative grammar issues		2
			I	2	Theory and practice of grammatical analysis		2
			I	2	Patterns circulation in children’s literature	Opțional (1 of 3)	2
			I	2	Text-image-playful interference in children’s education		2
			I	2	Children’s folklore		2
			II	3	Theory and methodology of instruction	5	
			II	3	Mathematics for preschool and primary school	4	
			II	3	Teaching language learning activities	4	
			II	3	Teaching Romanian language and literature	4	
			II	3	Teaching math-related activities	4	
			II	3	Pedagogical practical training in preschool and primary school	3	
			II	3	Intercultural education	Opțional (1 of 3)	2
			II	3	Psycho-sociology of family		2

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			II	3	Philosophy of education	2
			II	3	Foreign (English/French) language, culture and civilisation	2
			II	3	Physical education	2
			II	4	Theory and practice of assessment	5
			II	4	Psychology of personality	4
			II	4	Teaching Romanian language and literature	4
			II	4	Teaching history and civic education	5
			II	4	Teaching geography and environmental knowledge/sciences	5
			II	4	Pedagogical practical training in preschool and primary school	3
			II	4	Pedagogical ethics	2
			II	4	Alternative pedagogies	Opțional (1 of 3)
			II	4	Teaching logic	
			II	4	Teaching the curriculum area I	
			II	4	Self-education and personal development	Opțional (1 of 3)
			II	4	Intellectual work techniques	
			III	5	Educational research methodology	4
			III	5	Art education, practical skills and teaching	4
			III	5	Music education and teaching	4
			III	5	Psychomotor education / physical education and teaching	4

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Științe ale educației	L		III	5	Psycho-pedagogy of games	4	
			III	5	Computer-aided learning	4	
			III	5	Students teaching and completing the graduation work	2	
			III	5	Student-oriented education internships	Opțional (1 of 3)	2
			III	5	Education policies		2
			III	5	Project management	2	
			III	5	Physical education	2	
			III	6	Essentials of psycho-pedagogy	5	
			III	6	Pedagogical schools and doctrines	4	
			III	6	Management of school and classroom	5	
			III	6	Education psychology	5	
			III	6	Students teaching and completing the graduation work	3	
			III	6	Psycho-pedagogy of creativity	Opțional (1 of 3)	3
			III	6	Psycho-pedagogy of children with special educational needs		3
			III	6	Psihologie socială		3
			III	6	Teaching the curriculum area II	Opțional (1 of 3)	3
			III	6	School hygiene and health education		3
			III	6	Funny mathematics		3

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			III	6	Physical education	2	
			I	1	Teaching techniques acc.to age 2 (high school)	7	
	M	Physical Education in Schools and Sports Management	I	1	Management of sport organizations and activities	6	
			I	1	Legislație și cadru juridic în educație fizică și sport	6	
			I	1	Football methodology in high school	7	
			I	1	Adapted physical activities for people with disabilities	4	
			I	2	Athletics methodology in high school	5	
			I	2	Gymnastics methodology in high school	5	
			I	2	Handball methodology in high school	5	
			I	2	Doping în sport	5	
			I	2	Marketing in sport	5	
			I	2	Training in swimming sports	5	
			II	3	Basketball methodology in high school	7	
			II	3	Volleyball methodology in high school	7	
			II	3	Practical activities in school	4	
			II	3	Swimming	Opțional (2 of 3)	6
			II	3	Extracurricular activities (tennis, sand handball, futsal)		6
			II	3	Aerobic gymnastics in high school		6
	II	4	Scientific research applied to physical activities		10		

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			II	4	Strategies for research and practice in the field of the dissertation topic	12		
			II	4	Development and finalization of the dissertation work	8		
	M	Kinesis Therapy at Home	I	1	Physiopathology	7		
			I	1	Kinesis therapy applied to locomotive system diseases tratate la domiciliu	8		
			I	1	Theory and practice in nursing	7		
			I	1	Kinetoterapie de întreținere (yoga, fitness, pilates)	8		
			I	2	Bio-mechanics motricității umane	5		
			I	2	General and special nutrition	7		
			I	2	Kinetoterapia afecțiunilor geriatrice tratate la domiciliu	7		
			I	2	Massage therapy	7		
			I	2	Practical training	2		
			I	2	Clinical practical training	2		
			II	3	Hydro-kinesis therapy	4		
			II	3	Practical training	3		
			II	3	Clinical practical training	2		
			M	Kinesis Therapy at Home	II	3	Techniques of measurements and evaluation in kinesis therapy	Opțional (3 of 11)
					II	3	Kinesis therapy in pediatrics	
	II	3			Post-surgery therapy			

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	L		II	3	Kinesis therapy in diseases of metabolism	7
			II	3	Comunication techniques in kinesis therapy	7
			II	3	Associated tools used in physiotherapy	7
			II	3	Postural correction by swimming	7
			II	3	Therapy dance	7
			II	3	Ergo-therapy	7
			II	3	Pain therapy	7
			II	3	Sportive activities for the disabled	7
			II	4	Research activities	15
			II	4	Finalization of the dissertation work	15
			M	Educational Management	I	1
	I	1			Management of research and education projects	8
	I	1			Research and practical training in relation with the dissertation work	4
	I	1			Leadership and development of human resources in education	8
	I	1			Pedagogical ethics	6
	I	2			Management of proffesional development programs in the field	6
	I	2			Management of research and education projects	9
	I	2			Research and practical training in relation with the dissertation work	3
	I	2			Financial-accounting managementul of educational institutions	6

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			I	2	Leadership and development of human resources in education	6
			II	3	Management and development of school organisations	9
			II	3	Management of changes in education	9
			II	3	Communication and public relations	8
			II	3	Psycho-pedagogy and education marketing	Opțional (1 of 2) 4
			II	3	Educational policies and legislation	
			II	4	Organisational psychology	9
			II	4	Research and practical training in relation with the dissertation work	4
			II	4	Quality management in education	9
			II	4	Managerial creativity and management of educational crisis	Opțional (1 of 2) 8
			II	4	Curriculum and school inspection management	