

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

Domain of study	Level (BA/MA)	Study programme	Year of study	Sem.	Course title	Cours description	Credit units
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Physical education and sport	BA	Physical and sportive education	I	1	Theory and Methodology of Physical Education and Sport	The fundamental discipline presents the basic notions regarding the motric activities: terminology of physical education and sport, means of the domain, skills and motor skills, etc.	6
			I	1	Gymnastics	Basic gymnastics focuses on harmonious development of the body as well as perfecting one's physical capabilities	6
			I	1	Fundamentals of Athletics	Fundamental Discipline, aims to familiarize students with the main aspects of athletic performance, competitions and their rules.	6
			I	1	Functional anatomy	The discipline proposes the study of anatomical structures in the anatomy of human body development, anatomical structures in systemic anatomy and of the complex morphological organization of the human body in the functional anatomy.	4
			I	1	English Language	Developing communication skills in English in Physical Education and Sport.	2
			I	1	Kinesiology	It presents human motricity from various perspectives: areas of manifestation, notions of kinantropometry, systems involved in body movement, physical effort, evolution of motricity in ontogenesis etc.	4
			I	1	Practical Application of Winter Sports	The practical application provides the basic concepts of skating, balancing on skates, and learning to slip on ice.	2

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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			I	2	Movement And Somato-Functional Evaluation	The discipline ensures the sharing and use of theoretical and practical knowledge related to the measurement and evaluation of the psycho-somato-functional capacities of students, of those practicing motor activities, as well as persons recovering through physiotherapy.	5
			I	2	Scientific fundamentals of Volleyball	In the course and practical works, in a unitary view, the latest concepts of volleyball are presented, detailing the components of training in the educational process, as well as the new learning means	6
			I	2	Scientific fundamentals of Football	The discipline ensures the formation of the specific locomotor skills necessary for the learning and consolidation of the technical-tactical components of the football game.	6
			I	2	Physiology	Physiology is a complex biological discipline, comprising: studying organisms from the perspective of multiple levels of organization both on the whole and on each particular level (the various organ systems, organs, tissues and cells); studying the interaction between an organism and its environment; studying important physiological functions of organisms such as nutrition, locomotion, reproduction, senses.	4
			I	2	Swimming: Theory	It presents the description of the technique of sports	5

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					and Practice	swimming procedures, general notions about the organization and carrying out of swimming lessons under different conditions, as well as ways of first aid in emergency situations.	
			I	2	Internship in Mountain Tourism	It provides the necessary information for organizing and carrying out mountain activities: specific equipment, basic stages and rules of hiking, orientation in nature, orientation competitions, first aid procedures etc.	2
			I	2	Chess	Basic tools for chess learning (terminology, moving and catching rules, elements of tactics and strategy).	2
			II	1	Adapted Motrical Activities	The discipline ensures knowledge of the theoretical and methodical competences regarding physical education and adapted sport, with an eye to social, scholastic and professional integration of disabled people.	5
			II	1	Psycho-Pedagogy	Developing the capacity to analyze and synthesize information in the field of psycho-pegging with reference to the field of sport.	2
			II	1	Scientific fundamentals of handball	The discipline ensures the formation of the specific locomotor skills necessary for the learning and consolidation of the technical-tactical components of the handball game.	6
			II	1	Use of Specialized Software in Physical Education and Sport	The course show how to use the computer as a working tool in: text editing, database management, spreadsheet calculation, creation of electronic presentations	3

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

Domain of study	Level (BA/MA)	Study programme	Year of study	Sem.	Course title	Cours description	Credit units
					and Physical Therapy		
			II	1	Scientific fundamentals of basketball	Theoretical and practical knowledge about technique, tactics and rules of basketball.	6
			II	1	Judo: Theory and Practice	The course pleads for practicing judo, both for education and for maintaining and strengthening health	6
			II	2	Athletics: Theory and Practice	The course presents the theory and methodology of teaching athletics in school	6
			II	2	Basketball teaching methods in school	Methods, means and materials on the stages of basketball game learning in school.	6
			II	2	Practical application of water sports	It provides students with the practical knowledge necessary to maneuver boats, kayaks, canoes and universal boats. Also, general notions of rescue from drowning and first aid to be given in emergency situations are also learned.	2
			II	2	Handball teaching methods in school	The discipline ensures the assimilation of methodical and practical skills related to the organization, development and evaluation of the specific disciplinary activities.	6
			II	2	Acrobatic Gymnastics: Theory	Achievement of methodics about teaching acrobatic elements of gymnastics in school	6

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					and Practice		
			II	2	Practices and Methods of Motion Activities by Age Groups	The discipline presents the methodology of teaching physical education in accordance with the bio-psycho-motric possibilities of primary and gymnasium students.	4
			III	1	Methods of Teaching Athletics in Schools	The course aims how to learn the basic concepts regarding the methodology of learning athletic skills in gymnasium	6
			III	1	Rythm gymnastics: Theory and Practice	Rhythmic gymnastics focuses on exercises mainly geared towards women where they learn how to perform a wide array of esthetic movements whilst being accompanied by music	6
			III	1	Volleyball teaching methods in school	The information presented in the course and the practical papers include the fundamental basic notions of volleyball and the general methodology of learning, consolidating and refining gaming activities in the physical education lesson.	6
			III	1	Wrestling: Theory and Practice	Acquiring theoretical and practical knowledge of the use of methods and means of fighting sports in the school physical education lesson	5
			III	1	Internship in Educational Units	Organizing internship students in educational institutions in order to increase skills and a quick insertion in the labor market and counseling methods.	2
			III	1	Training and	Acquiring the methods and techniques underlying the	5

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					elaboration of the license work	design and conduct of a scientific experiment.	
			III	1	Fitness	Acquiring theoretical and practical notions regarding the development of training programs with specific means of fitness adapted to different objectives	5
			III	2	Leisure Motion Activities	The discipline presents ways to spend free time and organize extracurricular activities.	4
			III	2	Methods of Teaching Gymnastics in Schools	Discipline refers to the use of gymnastics contents according to moment of classes and their themes.	6
			III	2	Tennis: Theory and Practice	Discipline presents the methodology of learning tennis skills.	6
			III	2	Management Applied in Physical Education and Sport	Bases of management applied to sports structures (sports associations, sports clubs, sports federations, sports leagues)	3
			III	2	The bases of sporting school training	The discipline ensures the acquisition of the theoretical and methodological competences necessary for the conception, organization and planning of the students' training process in order to approach the school sports competitions to a maximum level of expression.	3
			III	2	Practical Training and Work for the Graduation Paper	The discipline provides links to the structure of chapters of a work license, as well as practical investigations and their interpretation.	2

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

Domain of study	Level (BA/MA)	Study programme	Year of study	Sem.	Course title	Cours description	Credit units
			III	2	Football teaching methods in school	Achieving - design to physical education lesson with themed field football, small side games 4x4, 5x5, to secondary school.	6
Kinesis Therapy	BA	Kinesis Therapy and Special Movements	I	1	Theory and Methodology of Physical Education and Sport	The fundamental discipline presents the basic notions regarding the motric activities: terminology of physical education and sport, means of the domain, skills and motor skills, etc.	6
			I	1	Gymnastics	Basic gymnastics focuses on harmonious development of the body as well as perfecting one's physical capabilities	6
			I	1	Fundamentals of Athletics	Fundamental discipline, aims to familiarize students with the main aspects of athletic performance, competitions and their rules.	6
			I	1	Functional anatomy	The discipline proposes the study of anatomical structures in the anatomy of human body development, anatomical structures in systemic anatomy and of the complex morphological organization of the human body in the functional anatomy.	4
			I	1	English Language	Developing communication skills in English in kinesiology.	2
			I	1	Kinesiology	It presents human motricity from various perspectives: areas of manifestation, notions of kinantropometry, systems involved in body movement, physical effort, evolution of motricity in ontogenesis etc.	4

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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			I	1	Practical Application of Winter Sports	The practical application provides the basic concepts of skating, balancing on skates, and learning to slip on ice.	2
			I	2	Movement and Somato-Functional Evaluation	The discipline ensures the sharing and use of theoretical and practical knowledge related to the measurement and evaluation of the psycho-somato-functional capacities of students, of those practicing motor activities, as well as persons recovering through physiotherapy.	5
			I	2	Scientific fundamentals of Volleyball	In the course and practical works, in a unitary view, the latest concepts of volleyball are presented, detailing the components of training in the educational process, as well as the new learning means	6
			I	2	Physiology	Physiology is a complex biological discipline, comprising: studying organisms from the perspective of multiple levels of organization both on the whole and on each particular level (the various organ systems, organs, tissues and cells); studying the interaction between an organism and its environment; studying important physiological functions of organisms such as nutrition, locomotion, reproduction, senses.	4

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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			I	2	Scientific fundamentals of Football	The discipline ensures the formation of the specific locomotor skills necessary for the learning and consolidation of the technical-tactical components of the football game.	6
			I	2	Practical Application of Winter Sports	The practical application provides the basic concepts of skating, balancing on skates, and learning to slip on ice.	2
			I	2	Swimming: Theory and Practice	It presents the description of the technique of sports swimming procedures, general notions about the organization and carrying out of swimming lessons under different conditions, as well as ways of first aid in emergency situations	5
			I	2	Education and postal rehabilitation	It provides the necessary information for organizing and carrying out mountain activities: specific equipment, basic stages and rules of hiking, orientation in nature, orientation competitions, first aid procedures etc.	2

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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			II	1	Adapted Motrical Activities	The discipline ensures knowledge of the theoretical and methodical competences regarding physical education and adapted sport, with an eye to social, scholastic and professional integration of disabled people.	5
			II	1	Scientific fundamentals of Handball	The discipline ensures the formation of the specific locomotor skills necessary for the learning and consolidation of the technical-tactical components of the handball game.	6
			II	1	Scientific fundamentals of Basketball	Theoretical and practical knowledge about technique, tactics and rules of basketball.	6
			II	1	Psycho-Pedagogy	Developing the capacity to analyze and synthesize information in the field of psycho-pegging with reference to the field of sport	2
			II	1	German Language	Developing communication skills in German in the field of kinetotherapy.	2
			II	1	Use of Specialized Software in Physical Education and Sport and Physical Therapy	The course show how to use the computer as a working tool in: text editing, database management, spreadsheet calculation, creation of electronic presentations.	3
			II	1	Judo: Theory and Practice	The course pleads for practicing judo, both for education and for	6

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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						maintaining and strengthening health.	
			II	1	Methods and techniques of muscle toning	Acquiring theoretical knowledge and practical skills regarding muscular toning techniques and techniques, indispensable to the future physiotherapists.	6
			II	2	Fundamentals of Kinesis Therapy	The discipline advocates the knowledge and proper use of the notions specific to the discipline. Fundamentals of kinotherapy - movement, gravity, support, balance, Kinetic techniques, definition, classification, practical application, practice.	6
			II	2	Measurments and Evaluation in Kinesis Therapy	The discipline provides links to measurement and evaluation techniques in physical therapy as well as practical investigations and their interpretation.	6
			II	2	Swimming and Hydro-Kinesis Therapy	The course provides students with specialized knowledge on how to use swimming and water movements to prevent diseases, treat them, and maintain proper health.	6
			II	2	Massage and Additional Techniques	The course provides physiotherapists with information on the use of massage in various situations, including athletes' activity.	6
			II	1	Semiology	Presentation of the main mechanisms involved in the production and evolution of diseases circulatory, respiratory, excretory, nervous and muscular systems.	2
			II	2	Internship in Education Centers	Developing skills for counseling parents, children, support staff and community members.	2
			III	1	Methods of Scientific Researchs	Acquiring the methods and techniques underlying the design and conduct of a scientific experiment.	5

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

Domain of study	Level (BA/MA)	Study programme	Year of study	Sem.	Course title	Cours description	Credit units
			III	1	Physiotherapy in Orthopedic-Traumatic Disorders with Applications in Sport	Teaching of sports traumatology notions with application in sports activity and kinesitherapeutic approach of locomotor system disorders	3
			III	1	Equipment, Machinery and Devices Used in Physiotherapy	Knowledge and proper use of equipment, appliances and installations in complex kinetic recovery programs according to needs and patient's health.	6
			III	1	Kinesis Therapy Applied to Neurological Disturbances	Acquisition of the theoretical and practical notions of physiology, pathophysiology and kinetotherapeutic treatment of neurological diseases	6
			III	1	Elements of Physiotherapy	Studying the mechanisms of action of the physical factors and their use with the purpose of recovery and prophylaxis in the treatment of the affections of the human body.	5
			III	1	Internship in Recovery Centers	The objectives of the training course for students are the following: performing electrotherapy procedures in patients with neurological and musculoskeletal disorders, performing massage procedures in patients with neurological and musculoskeletal diseases, performing the articular and muscular balance, performing hydrothermotherapy procedures in patients with neurological and musculoskeletal disorders. neurological and musculoskeletal disorders, performing	2

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						the basic techniques and methods of restoring joint mobility, muscle tone, balance and coordination in patients with neurological and musculoskeletal disorders.	
			III	2	Methods and Techniques for Muscle Toning	Acquiring theoretical knowledge and practical skills regarding muscular toning techniques and techniques, indispensable to the future physiotherapists.	4
			III	2	Practical Training and Work for the Graduation Paper	Training and development of skills and interest for theoretical and applied scientific research at the level of undergraduate studies.	2
			III	2	Internship in Social Assistance Centers	multidisciplinary care and health recovery of people with disabilities, those with neurological, orthopedic, rheumatologic, geriatric, post-amputation, post-surgical diseases.	2
			III	2	Kinesis Therapy for Geriatrics and Gerontology	The special focus is on medical care for preventive, rehabilitation and termination care of the elderly, as well as the study of the somatic, mental, functional and social aging process at the individual level, and the issues related to this process at the society level.	6
			III	2	Management and Marketing in Kinesis	The bases of management and marketing applied to recovery centers.	6

Dunarea de Jos University of Galati
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			III	2	Therapy Kinesis Therapy Applied to Cardio- Respiratory Diseases	Training of specialists, empowered with skills and competences in the direction of improvement of the cardiorespiratory function by means of specific interventions of kinetherapeutic nature.	3
			III	2	Kinetherapy of Physical and Sensorial Deficiencies	The discipline provides theoretical knowledge and practical skills indispensable to future physiotherapists for the recovery of physical and sensory impairments.	4
			III	2	Methods and techniques of neuromotor reeducation	Knowledge of theoretical and practical basic knowledge, methods and means necessary for reeducation in case of neurological diseases.	4
			III	2	Kinetherapy in rheumatologic disorders	The subject of study of rheumatology. The clinical presentation of the rheumatic patient. Clinical objective examination of the motor apparatus. Classification of rheumatic diseases. Generalities relating to the particularities of inflammatory, degenerative and abarticlar rheumatism.	6
Sport science and physical education in	MA	Physical education in school and sports	I	1	Teaching Techniques according to Age Level 2	The discipline presents the methodology of teaching physical education in accordance with the bio-psycho-motric possibilities of high school students.	8

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school and sports		management			(High School)		
			I	1	Legislation and Legal System in Physical Education and Sport	International legislation and specifies Romania in sport	6
			I	1	Techniques for elaboration of dissertation thesis	The discipline provides links to the structure of chapters of a dissertation, as well as practical investigations and their interpretation.	4
			I	1	Adapted Motrical Activities	The discipline ensures the knowledge of the methods and means necessary for the effective access of children with special needs to the program and the resources of the common school (classrooms, cabinets, laboratories, library, sports grounds, etc.).	5
			I	1	Extracurricular activities (tennis, sand handball, futsal, streetball, beach volley, etc).	Discipline presenting ways of spending leisure time and organizing extracurricular activities such as tennis, handball on sand, streetball, beach volleyball, etc.)	5
			I	1	Ethics and	The course provides knowledge of the code of	2

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					academic integrity	university ethics as well as the principles and values of academic ethics.	
			I	2	Athletics Methodology in High School	The course aims how to learn the basic concepts regarding the methodology of learning athletic skills in High School.	7
			I	2	Gymnastics Methodology in High School	The discipline approach the content of school gymnastics at the high school stage.	7
			I	2	Entrepreneurial management in sports activities	Making a business plan in the field of sport.	7
			I	2	Practice activities in school sports facilities	Planning and training to school sports homework.	4
			I	2	Marketing in sports activities	Presentation typologies marketing and sports marketing mix adaptation.	5
			II	1	Basketball Methodology in High School	Methods, means and materials on the stages of basketball game learning in high school.	7
			II	1	Volleyball Methodology	The information presented in the course and the practical work includes the fundamental basic notions	7

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					in High School	about volleyball and the general methodology of learning, consolidating and perfecting gaming activities in high school physical education lessons.	
			II	1	Scientific Research Applied to Body Activities		8
			II	1	Practical Activities in School	The discipline presents ways of conceiving-planning-carrying out of school and extra-curricular activities with the involvement of the teacher of physical education.	2
			II	1	Extracurricular activities (tennis, sand handball, futsal)	The discipline aims to obtain the practical skills necessary for planning, organizing and defrauding school sports competitions.	6
			II	2	Development and Completion of the Dissertation Work	The discipline provides links to the structure of chapters of a dissertation, as well as practical investigations and their interpretation.	30
			II	1	Strategies for the development of creative potential	Theoretical and practical knowledge on strategies for development of creativity students at the individual level and group by means of Physical Education and Sport.	2

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					through the means of Physical Education and Sport		
			II	1	Strategies for the preparation of high school representative team (basketball)	The discipline assures the obtaining of methodical and practical skills requested for planning, organizing and conducting the training process of the high school representative team (basketball).	5
			II	1	Strategies for the preparation of high school representative team (volleyball)	The discipline assures the obtaining of methodical and practical skills requested for planning, organizing and conducting the training process of the high school representative team (volleyball).	5
			II	2	Strategies for the preparation of high school representative team (handball)	The discipline assures the obtaining of methodical and practical skills requested for planning, organizing and conducting the training process of the high school representative team (handball).	5

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

Domain of study	Level (BA/MA)	Study programme	Year of study	Sem.	Course title	Cours description	Credit units
			II	2	Strategies for the preparation of high school representative team (football)	The discipline assures the obtaining of methodical and practical skills requested for planning, organizing and conducting the training process of the high school representative team (football).	4
			II	2	Handball Methodology in High School	The discipline assures the obtaining of the theoretical-methodological and practical skills necessary for organizing and carrying out the process of consolidating / refining of the technical-tactical elements and procedures provided by the curriculum.	6
			II	2	Football Methodology in High School	Methods, means and materials on the stages of football game learning in high school.	6
Sport science and physical education in school and sports	MA	Kinesis therapy at home	I	1	Physiopathology	The course reviews the pathophysiology of the human organism under its various aspects: the pathophysiology of the thermoregulation of glucidic, lipidic and antidiuretic metabolism of the hydroelectrolytic balance of the phosphocalcic metabolism of homeostasis.	8
			I	1	Physiotherapy in Motion Disorders Treated at	The course proposes assimilation of the knowledge, methods and procedures necessary for physical therapy in locomotor diseases treated at home.	8

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					Home		
			I	1	Techniques for elaboration of dissertation thesis	The discipline provides links to the structure of chapters of a dissertation, as well as practical investigations and their interpretation.	4
			I	1	Ethics and academic integrity	The course provides knowledge of the code of university ethics as well as the principles and values of academic ethics.	2
			I	1	Physiotherapy in Fitness (Yoga, Fitness, Pilates)	The course proposes the use of posture, relaxation, concentration and breathing exercises to maintain health.	8
			I	2	Theory and Practice in Nursing	The nursing course provides information on the care and support provided to patients throughout the physical therapy session.	3
			I	2	General and Special Nutrition	Acquiring the notions of nutrition, metabolism and kinetotherapeutic approach of nutrition disorders.	7
			I	2	Physiotherapy in Geriatric Aliments Treated at Home	The kinetotherapeutic approach of eating specific to the elderly.	7
			I	2	Massage Therapy	The masotherapy course brings information about the multitude of forms of massage and their benefits	7
			I	2	Practical	Practical training of students in order to draw up	4

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Faculty of Physical Education and Sport

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					Training	physical-kinetic recovery programs based on subjects' affection.	
			I	2	Clinical Practical Training	The students will conduct individual and team research projects, benefiting from the guidance of the teaching staff. Eligibility and evaluation in rheumatological diseases, fundamental techniques in kinetology, natural and artificial physical factors in the recovery of rheumatologic diseases, medical scientific research methodology, classic medical massage in rheumatologic diseases , kinetic therapy in locomotor system diseases, recovery in degenerative rheumatic diseases and vertebral static disorders, recovery in abarticular rheumatism, medical psychopedagogy, recovery in inflammatory and metabolic rheumatic diseases, orthosis and occupational therapy in rheumatic diseases.	2
			II	1	Hydro-Kinesis Therapy	The methodology for conducting and application of the specific type and location hydrokinetotherapy condition. Knowing the indications and contraindications, as well as the benefits and risks hydrokinetotherapy.	4
			II	1	Practical Training	The students will conduct individual and team research projects, benefiting from the guidance of the teaching staff. Eligibility and evaluation in rheumatological diseases, fundamental techniques in kinetology, natural and artificial physical factors in the recovery of rheumatologic diseases, medical scientific research methodology, classic medical massage in rheumatologic diseases , kinetic therapy in locomotor	3

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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						system diseases, recovery in degenerative rheumatic diseases and vertebral static disorders, recovery in abarticular rheumatism, medical psychopedagogy, recovery in inflammatory and metabolic rheumatic diseases, orthosis and occupational therapy in rheumatic diseases.	
			II	1	Clinical Practical Training	Clinical internship takes place in specialized centers where students can apply individualized recovery programs and personalization according to the pathology they encounter.	2
			II	1	Kinesis Therapy in Pediatrics	Knowing the stages of normal growth and development of baby and baby to correctly adapt the techniques and means of massage and exercise to stimulate the two physiological processes. The physiotherapist also needs to know the mechanisms of installing various diseases, their symptoms and the methods of assessing patients, in order to correctly apply the treatment methods specific to this profession.	7
			II	1	Post Surgery Kinesis Therapy	Recovery of general postoperative movement capacity is achieved through general and respiratory gymnastics and sports training. Motor deficiency should not be recovered only locally at the level of the segment concerned but should be adapted to a general action, which is all the more necessary as the lesion was more severe and wider.	7
			II	1	Associated Means of Gym Used in	The discipline approach how to use gymnastic exercises for the treatment of diseases and the use of specialized terminology to describe exercise.	7

Dunarea de Jos University of Galati
Faculty of Physical Education and Sport

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					Physiotherapy		
			II	2	Practical Research Activity	The discipline provides links to the structure of chapters of a dissertation, as well as practical investigations and their interpretation.	15
			II	2	Elaboration of the dissertation work	The discipline provides links to the structure of chapters of a dissertation, as well as practical investigations and their interpretation.	15